

**Trauma Informed Care**  
**An Overview of Fundamental Concepts**  
*(A Primary Prevention Tool)*

*Objectives*

1. Understand the prevalence of trauma histories in clients served across care settings.
2. Identify examples of trauma informed care
3. Identify examples of care that is not informed by trauma
4. Understand the need for skill development and psycho education for trauma survivors

*Outline*

- ✓ Trauma Prevalence Rates
- ✓ Trauma Informed Care Principles
- ✓ Care that is not Informed by understanding of Trauma