

National Technical Assistance Center for State Mental Health Planning

National Technical Assistance Center

**Creating Violence Free and Coercion Free Mental Health Treatment Environments
For the Reduction of Seclusion and Restraint**

FACULTY

Hogg Foundation for Mental Health Seclusion and Restraint Reduction Training Institute

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Ms. Caldwell is the principal consultant in a group dedicated to supporting children with special needs, their families, and organizations that serve these individuals so that each child served can realize his/her full potential. For nearly 30 years she has cultivated human service organizations throughout the country with her skills and experiences in training, technical assistance, administration, new program development and implementation, evaluation, systems change, strategic planning, and funding. Well-versed in the interrelationships of mental health, substance abuse, child welfare, juvenile justice, and education, Ms. Caldwell has been frequently called upon to provide state-of-the-art training and consultation practices on these topics. She recently served as a principal writer for a briefing paper on the impact of the *Olmstead* decision on state policy and practice for serving children with emotional and behavioral problems. She has also served as director of state and local operations for the Bureau of Children and Families, Office of Mental Health in New York State, and associate executive director for a large child- and family-serving agency.

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Ms. Huckshorn is the director of the Office of Technical Assistance within the National Association of State Mental Health Program Directors (NASMHPD). In this role, she and the NTAC staff lead the development, implementation, and monitoring of an annual plan and budget for multiple technical assistance projects and contracts, including the National Technical Assistance Center for State Mental Health Planning (NTAC). A licensed and certified mental health and substance abuse clinician, she has specialized in the areas of behavioral health administration, adult psychiatric clinical specialties, chemical dependency/addictions, and

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organizational analysis and development. Ms. Huckshorn has 24 years of professional experience working in mental health care systems and substance abuse programs. In her previous position as chief nursing officer and assistant administrator for program services at Atlantic Shores Healthcare, Inc./South Florida State Hospital, she was involved in the first, fully privatized state mental health institution project in the country. Ms. Huckshorn also has served as an adjunct instructor at Florida State University's School of Nursing and consults on mental health issues at the national, state, and local levels.

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Dr. LeBel is the director of program management for the Massachusetts Department of Mental Health's (DMH) Child & Adolescent Division. A licensed psychologist, she oversees DMH's 200-bed continuing care service system for children and adolescents ages 5-18. This system of care represents a \$25 million privatized network of programs including inpatient, high intensity, locked residential treatment, and community-based care for children. These services are the Commonwealth's long-term care resources for the most seriously emotionally disturbed/mentally ill children who continue to need care beyond the acute phase of treatment offered in the private sector. Dr. LeBel and her colleagues at DMH launched the *Massachusetts Restraint Reduction Initiative* more than two years ago. The intent of this effort has been to reduce the use of restraint and seclusion with children and adolescents in psychiatric facilities and increase staff knowledge of strength-based models of care. The initiative has successfully reduced the use of restraint in all of Massachusetts' public and private psychiatric facilities.

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Ms. Stromberg is a psychiatric clinical nurse specialist and the director of nursing in the Division of Licensing at the Massachusetts Department of Mental Health (DMH). In her role as a state mental health regulator, she provides clinical expertise and technical assistance to the programs she licenses across the state. Ms. Stromberg, Dr. Janice LeBel (see above), and their colleagues have been responsible for setting the stage for a statewide child and adolescent restraint reduction initiative in Massachusetts. She represents DMH as a member of the State Public System's Coalition on Trauma, and is an author of *The Massachusetts Department of Mental Health Task Force on the Restraint and Seclusion of Persons Who Have Been Physically or Sexually Abused, Report and Recommendations*. Ms. Stromberg has provided program consultation and presented nationally on such topics as "Avoiding Re-traumatization on Inpatient Psychiatric Services," "The Use of Pro-active De-escalation Planning," and "Reducing/Eliminating Restraint and Seclusion in Psychiatric Settings." She has a private psychotherapy practice in Brookline, MA, where she specializes in the treatment of people with trauma disorders.