

**Robert Lee Sutherland Seminar XV
Hogg Foundation for Mental Health**

**Texas Integrated Health Care Initiatives
Summary Notes**

Steve Pliszka

- If families can meet the Licensed Professional of the Healing Arts (LPHA) while they are at the pediatric visit, removes the mystery of who they might be seeing. More motivated to get the help and not leave the MD office without assistance.
- Overall intent is to improve the mental health outcomes which may result in less medical utilization and less referral to specialists.
- The particular advantage is to intervene with mild to moderate illnesses before they become severe.
- Therapist notes are like physician notes, problem focused.
- Intake:
 - Patricia Robinson's behavioral health intervention
- Sustainability
 - Billing issues

Julia Wolf

- The past
 - Pilot projects 2004 – 2005
 - Expanded pilot through grant funding – Hogg Foundation grant
- Integrated Care Model
 - No wrong door. No matter where they enter the system, they can get referred where they need to go.

People's Community Clinic Team

Robin Rosell

- Increasing awareness of co-morbid mental health issue discovered over time.
- We could not avoid doing mental health. But we were not integrated.
- Now we can provide mental health. Joined the Hogg Foundation initiative, which provided a model that we could use.
- Key successes – hiring the right care manager, buy-in from the primary care providers (PCPs).
- Ready access to psychiatrist for PCPs.
- Building of trust and support of the whole organization.

Megan Zesati

- Team approach: the patient, the PCP, the care manager, occasional psychiatrist.
- Screened by the social worker, psychosocial assessment: over 10 on the PHQ-9 is eligible for the program.
- The intake is the opportunity for patient buy-in.

Richard Peavey

- What a difference it made to have the Hogg Foundation come in and give us a model of care. Previously, I would see patients, identify issues, put a plan in place and hope for the best. When this initiative started up, we got the tools to do what we needed to do – a model, measurement, and tracking.
- Patients began to return for visits more readily and really improved.

Toni Watt

- Evaluation of Integrated Care Program
- Hired by St David's Community Healthcare Foundation.
- We did a process evaluation, which means we looked at whether the model was implemented as proposed.
- Then we looked at outcomes:
 - Did mental health improve
 - Did physical health improve
 - Clinical efficiency
- Formative vs. summative evaluation
 - Formative evaluation keeps you informed from early in the process, allowing for mid-course corrections.
 - Summative provides findings only at the end of the project
 - We have done a formative approach