

Workforce Development for Integration

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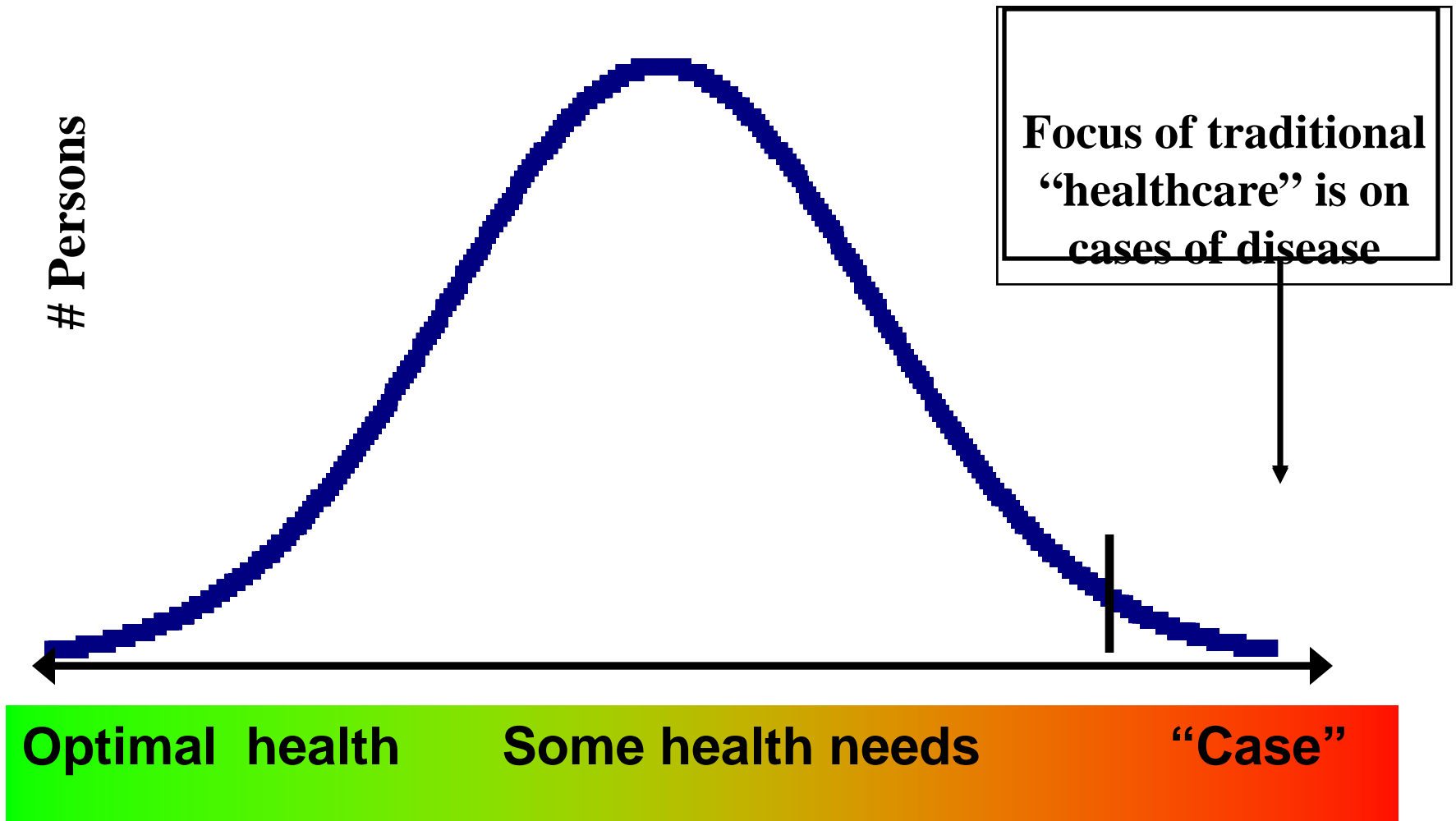
Integration

- Mental Health and Substance Abuse (MHSA)
- “Physical health” and MHSA
- Planned, coordinated care in primary care clinic (e.g., depression) or MHSA clinic
- Planned, coordinated, stepped care for a wide array of preventive and chronic conditions (both risk conditions and disease conditions) in a system designed to support such care

Informed, Activated Patient and Prepared Practice Team

- Assessment of self-management skills and confidence as well as clinical status
- Tailoring of clinical management by stepped protocol
- Collaborative goal-setting and problem-solving resulting in a shared care plan
- Active, sustained follow-up
- System change applied to a wide array of preventive and chronic conditions

Health in a Community



Wide Array of Primary Behavioral Health Care

- Primary prevention
 - Social determinants: housing, education, etc
 - Behaviors: health eating, physical activity, tobacco use, substance use, responsible sexual behavior, violence
 - Vaccines
- Chronic care
 - Conditions:
 - diseases (meet criteria)
 - E.g., mood disorders, anxiety disorders, SUD, hypertension, cholesterol, diabetes, etc.
 - other conditions: sleep, pain, obesity, violence
 - Therapeutic lifestyle change
 - Adherence
 - Self-management

Enhancing Effective Capacity

Operate at the peak of scope of practice

- Behavioral health
 - Psychiatry
 - Doctoral therapists
 - Master's therapists
 - Care managers
- Primary Care
 - Physician
 - APN, PA
 - RN
 - LVN
 - Medical assistant
 - Admin assistant

Client/Consumer/Patient

Peers

Patient Self-Report Examples

- Full PHQ
- AUDIT
- PTSD
- Hypertension, cholesterol, diabetes treatment and self-management plans and adherence
- Vaccines

Train and Equip the Workforce

- Take a systems approach
- Cover the wide array of topics
- Cover the array of roles (including groups)
- Pre: distance learning
- Live clinical training
- Post: case management and system change support
- Health IT: HRA, PHR with decision support