

Foundation Awards Priority Area Grants: Integrated Health Care, Cultural Adaptation Initiatives

With Grantee Selection, Integrated Health Care Initiative Shifts into High Gear

Five organizations have been selected to spearhead the Hogg Foundation for Mental Health's Integrated Health Care Initiative grant program. The grantees, announced in April, will receive more than \$2.6 million over three years to promote the effective identification and treatment of mental health problems in primary care settings.

The Foundation will provide the following grant funding over the three-year initiative:

- **Parkland Health and Hospital System**
Dallas – \$576,634
- **People's Community Clinic**
Austin – \$275,255
- **Project Vida Health Center**
El Paso – \$373,104
- **Texas Children's Pediatric Associates**
Houston – \$306,570
- **Valley Primary Care Network**
Harlingen – \$1,138,184

The five organizations funded through this initiative will adopt the collaborative care model and address barriers to implementation they encounter. Collaborative care is an integrated health care approach in which primary care and mental health providers partner to manage the treatment of persons with mental health problems in the primary care or pediatric setting. Two decades of research have demonstrated that the collaborative care model improves primary care patients' mental

health outcomes with a minimal investment of resources.

"Primary care organizations are typically the first-line providers of mental health care, but most clinicians lack adequate time and training to detect and treat these issues appropriately," said Executive Director Dr. King Davis. "The collaborative care model gives primary care organizations tools to manage mental health problems effectively."

Collaborative Care Model

In the collaborative care model, a mental health care manager and a consulting psychiatrist are integrated into the primary care or pediatric setting.

As trained mental health professionals or paraprofessionals, care managers are responsible for tracking patients with identified mental health needs, educating them about their mental health problems, and monitoring their response to treatment. Care managers ensure that patients do not "slip through the cracks."

The consulting psychiatrist reviews patients who are not responding to treatment and provides treatment recommendations to the care manager, treating physician, and patient. In the short term, primary care physicians receive the expert input they need to

See Integrated Health Care, Page 4

Cultural Adaptation Initiative Grantees to Be Announced in June

This month the Hogg Foundation for Mental Health will announce awardees in its three-year initiative "Cultural Adaptation: Providing Evidence-Based Practices to People of Color." Mental health providers funded through the Cultural Adaptation initiative will adapt the delivery of evidence-based practices (EBPs) like cognitive-behavioral therapy to make them compatible with the culture of the specific populations of color that they serve.

Having demonstrated an ability to provide culturally competent services to their populations of color, grantees will focus in the first year on developing proficiency in the EBP they selected. Clinical staff will participate in training in the treatment and begin providing it to the target populations of color, with ongoing consultation and supervision.

By the second year of the initiative, grantees will begin implementing a cultural adaptation of the EBP. Adaptations will involve modifications in how the EBPs are delivered, changes in the clinicians' approach to engagement and therapeutic alliance with their clients, or some alteration in the actual treatment itself.

The Foundation will post the awardees on its website in June. Additional information about the Cultural Adaptation grantees and the initiative will be detailed in the Hogg Foundation's September newsletter.

Training Institute on Seclusion and Restraint Culture Change Planned

The Hogg Foundation will host a free training institute on September 20 - 22 for organizations committed to preventing, reducing, and eliminating their use of seclusion and restraint with people who have mental illnesses. Ms. Kevin Ann Huckshorn, RN, MSW, of the National Association of State Mental Health Program Directors' National Coordinating Center to Reduce and Eliminate the Use of Seclusion

and Restraint, will lead the two-and-a-half-day institute in San Antonio.

With support from the Substance Abuse and Mental Health Services Administration, Ms. Huckshorn and her team have developed "Creating Violence Free and Coercion Free Mental Health Treatment Environments for the Reduction of Seclusion and Restraint." Her training team leads workshops around the country to

help organizations modify their use of seclusion and restraint.

Using a train-the-trainer model, the training institute will provide detailed information on core strategies for reducing seclusion and restraint use. Attendees will be given clinical and training materials to take back to their organization and

See Seclusion & Restraint, Page 2

share with other staff. They will also draft a facility reduction plan to be finalized upon returning to their organization.

Participating organizations will send a leadership team of up to 14 staff members to the training institute. The team must include such staff as the Chief Executive Officer, Chief Operating Officer, Director of Nursing, Quality Improvement Director, Director of Consumer Affairs, staff development trainers, Human

Resources Director, and external advocates, among others.

The institute is free. Organizations will be responsible for paying their leadership team's travel and hotel expenses. The Foundation will provide some support to smaller agencies that demonstrate their inability to cover their costs.

Because space is limited to 300 attendees, organizations must apply to send a leadership team to the institute. The application deadline is

June 30, 2006. Organizations will be notified of their admission to the institute by mid-July.

Please visit the Foundation's website (www.hogg.utexas.edu) to access more information about the training institute, the application process, the Foundation's previous seclusion and restraint projects, as well as valuable seclusion and restraint resources.

Related Story: Teleconference, Page 3

Texas Grantwriting Workshops: Foundation, THC Collaborate

For the past 10 years, the Regional Foundation Library has collaborated with the Texas Historical Commission (THC) to present workshops on effective fund development and grant proposal preparation to individuals across the state of Texas.

Two three-day workshops will be held June 19-23 at the Hogg Foundation offices in Austin. Participants will spend two days learning about funder identification and research and

one day refining their proposal writing techniques. A total of 50 individuals will participate in this year's workshops.

The Texas Grantwriting Workshops, sponsored by the Friends of the Texas Historical Commission and the Texas Historical Commission, were originally designed to improve the chances of community and non-profit organizations becoming successful grant recipients.

Workshops will cover all aspects of fund development, including where to find private sector funding, how to approach foundations and corporations, and how to write convincing proposals. Participants will include key staff, consultants, and volunteers represent-

ing a variety of settings, including education, community development, health care, arts and culture, historic preservation, and city/county government.

"The hidden value of the workshop is always the collective sharing of experience that evolves over the course of the workshop and the mentoring network that will allow participants to continue to improve their efforts over time," said Allison Chandler Supancic, librarian and collection supervisor of the Regional Foundation Library.

Instructors for the Texas Grantwriting Workshops will include Supancic; Terry Colley, Deputy Executive Director of the THC; and Toni Turner, THC Development Director.



The *Hogg Foundation News* is a quarterly newsletter of the Hogg Foundation for Mental Health.

The Foundation is an administrative unit of The University of Texas at Austin.

For over 65 years, the Foundation has accomplished its mandate through grantmaking to mental health service, research, public education, and policy projects in the state of Texas.

The Hogg Foundation for Mental Health also fulfills its benefactors' intent by operating its own programs – including mental health services research, public policy analysis, public education, conferences on timely issues, and the Regional Foundation Library – to the benefit and enrichment of organizations and communities statewide.

Information about the Hogg Foundation, including its programs and current initiatives, can be found online at www.hogg.utexas.edu.

PHONE: 1-888-404-4336
FAX: 512-471-9608
EMAIL: comm@hogg.utexas.edu

MAIL: Hogg Foundation News
The University of Texas at Austin
Post Office Box 7998
Austin, Texas 78713-7998

Star-Telegram Story Wins Top Prize for Mental Health Reporting

Jennifer Autrey Forsyth's *Fort Worth Star-Telegram* article took first place in the 2006 James S. Hogg Award for Mental Health Reporting competition.

Forsyth's October 2005 story "Questions Linger after Woman's Death" details the tragic death of a young woman with mental illness who ended up in a Tarrant County jail after having been unable to find appropriate treatment. The reader is taken through the woman's last weeks and days as her condition worsens and she receives little help.

Second place was awarded to Cindy V. Culp of the *Waco Tribune-Herald* for her April 2005 article "Downsized Mental Health System Leans on Police."

The article explores the link between the decreasing availability of public mental health services and the resulting rise in police contact with people who have mental illness.

Mary Meaux of the *Port Arthur News* won third place for her December 2005 article "There is Help for Depression" in which she challenges misconceptions about the disorder

in her moving account of her own depression. She informs readers that treatment does work and encourages them to seek treatment early.

The first-place winner received \$1,000, the second-place winner received \$500, and the third-place winner received \$250.

A distinguished panel of judges reviewed the entries. The judges included a *New York Times* science writer and psychiatrist, a National Public Radio correspondent and Rosalyn Carter Mental Health Journalism Fellow, and a leading researcher on media portrayals of mental illness.

Named for former Texas governor and newspaper editor James Stephen Hogg, the award was created by the Hogg Foundation to recognize exemplary journalism that educates the public about mental health and counters negative beliefs about mental illness.

The winning stories are posted on the Hogg Foundation for Mental Health's website (www.hogg.utexas.edu).

Ima Hogg Scholarships in Mental Health Applications Due June 19

A call for applications for the Ima Hogg Scholarships in Mental Health has been issued by the Hogg Foundation for Mental Health. Individuals pursuing a Masters in Social Work (MSW or MSSW) through an accredited Texas graduate program are invited to apply for the five scholarships of \$5,000 each.

These one-year scholarships reflect Miss Ima Hogg's commitment to the training of social workers in mental health and the provision of quality services to the people of Texas.

Successful applicants will demonstrate

their intent to pursue a career in mental health service provision upon obtaining their MSW or MSSW credential.

To apply, students must be nominated by the dean or director of their graduate social work program. Each graduate social work program may nominate no more than three applicants for the scholarship.



Miss Ima (circa 1960)

Only deans or directors of Texas graduate social work programs accredited by the Council on Social Work Education are eligible to nominate applicants.

Applications are due by June 19, 2006. The Foundation will announce the five Ima Hogg Scholarships in Mental Health on or around June 30, 2006.

More information about the application process and requirements is posted on the Foundation's website at www.hogg.utexas.edu.

UT-Austin Social Work Student Awarded Dissertation Fellowship



Kimberly Bender

The Hogg Foundation for Mental Health has awarded the 2006 Frances Fowler Wallace Memorial for Mental Health Dissertation Fellowship to Ms. Kimberly Bender, a doctoral candidate in The University of Texas at Austin's School of Social Work. Ms. Bender was selected through a competitive application process on the strength of her exceptional research background and

her rigorous dissertation project.

Building on pilot work, she will study the individual, social, and environmental factors that impact mental health symptoms and substance abuse in homeless adolescents.

The \$1,500 fellowship award will be used to offset the costs of the interviews Ms. Bender will conduct for her project. As a condition of the award,

she will present her dissertation research to the Foundation and community.

The dissertation fellowship supports outstanding doctoral students in Texas who are conducting research on "the cause, treatment, cure, and prevention of mental disease, mental illness, and mental disorders," as per the donor's wishes.

Teleconference: National Expert Provides Valuable Information, Resources on Reduction of Seclusion and Restraint

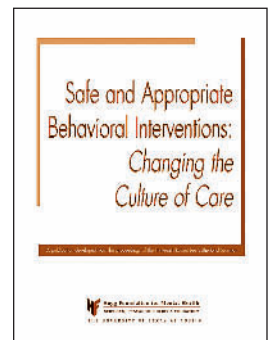
Ms. Kevin Ann Huckshorn was the featured speaker during a teleconference hosted by the Hogg Foundation in April as a follow-up to the Thirteenth Robert Lee Sutherland Seminar. Ms. Huckshorn is Director of the National Technical Assistance Center of the National Association for State Mental Health Program Directors. As part of her job, she oversees the National Coordinating Center to Reduce and Eliminate the Use of Seclusion and Restraint.

In her presentation, Ms. Huckshorn discussed ways that agencies can reduce their use of seclusion and restraint, outlining six core reduction strategies. She also provided valuable examples of appropriate interventions and debriefing sessions. The teleconference was recorded and can be found on the Foundation's website (www.hogg.utexas.edu). The PowerPoint presentation, a reference list, and a seclusion and restraint reduction plan template that she discussed during the teleconference are also posted online.

Best practices in the use of seclusion and restraint was the topic of the Thirteenth Robert Lee Sutherland Seminar, "Safe and Appropriate

Behavioral Interventions: Changing the Culture of Care," in December of 2004. The seminar showcased experts from federal, state, and private organizations addressing concerns related to reducing the use of restraint and seclusion in various settings. Work groups discussed hypothetical scenarios involving the use of restraint and seclusion and detailed best practices to prevent and address situations requiring intervention.

The Hogg Foundation for Mental Health has produced a publication and accompanying CD of the proceedings of the two-day seminar. The CD contains video clips in which actors portray most of the scenarios presented in the booklet. To order a free copy of the publication and CD, please email comm@hogg.utexas.edu or visit the Foundation website. Supply is limited.



Related Story: Training Institute, Page 1

Annie E. Casey Foundation to Release 2006 KIDS COUNT Report

The Annie E. Casey Foundation will release the 17th annual KIDS COUNT Data Book on June 27, 2006. This national and state-by-state study profiles the well-being of America's children. The Data Book ranks states on 10 key measures and provides data on child health, education, and the economic condition of families. The 2006 KIDS COUNT essay looks at "family, friend, and neighbor care," a form of child care used by millions of families and explores how best to support the quality of care provided to young children in the homes of relatives, friends, neighbors, and other providers who offer care in a home-based setting.

Free copies of the *KIDS COUNT Data Book* and related materials will be available from the Annie E. Casey Foundation. Visit their website at www.aecf.org after June 27 to place orders. Information and materials on prior years' reports can also be found on their website.

University Hires Gober as Assistant Instructor in Social Work

Hogg Foundation doctoral fellow Kelly Gober will teach Social Work Research Methods at The University of Texas at Austin this fall.

Academic Journals to Publish Two Articles by Whaley

Associate Director for Mental Health Services Research Dr. Arthur Whaley has had two articles accepted for publication. *Evaluation Review* will publish his article on a proposal review rating form used by the Foundation. *Health, Risk, and Society* will publish his paper on tuberculosis screening in African Americans upon admission to a state psychiatric hospital.

Doctoral Fellow's HIV/AIDS Article Accepted for Publication

The *Journal of HIV/AIDS and Social Services* will publish an academic article on HIV/AIDS clients' medication adherence by doctoral fellow Kelly Gober and her colleagues in The University of Texas at Austin's School of Social Work.

Alexander to Speak on Integrated Health Care at Two Conferences

In August, Hogg Foundation Program Officer Dr. Laurie Alexander will present a talk entitled "Reaching Underserved Populations: A Texas Initiative for Integrating Mental and Physical Health Care" at the National Association for Rural Mental Health's Annual Conference in San Antonio. Also in August, she will address "Effective Treatment of Mental Health Problems in the Pediatric/Primary Care Setting" at the 2006 Texas Parent to Parent Conference in Austin.

Rural Mental Health Conference to Feature Mental Health Economics Talk by Davis

Executive Director Dr. King Davis will speak on the economics of mental health care at the Annual Conference of the National Association for Rural Mental Health on August 23 in San Antonio.

Gober to Co-Present on Child and Adolescent Functioning Assessment Scale

Hogg Foundation doctoral fellow Kelly Gober will co-present a paper entitled "Use of the CAFAS to Track Client Progress and Program Effectiveness" at the Foster Family-Based Treatment Association's 20th Annual Conference on Treatment Foster Care in Pittsburgh this July.

Whaley to Present Paper at Community Psychology Conference

Dr. Arthur Whaley will deliver a presentation entitled "Assessing cultural competence readiness in community mental health: An exploratory study" at the First International Conference of Community Psychology in San Juan, Puerto Rico, this June.

manage mental health problems effectively. Over time, physicians become increasingly comfortable treating these problems without assistance.

"Rigorous research has shown that this model has a significant impact on patients' mental health outcomes with a minimal investment of resources," said Davis. "For those reasons, the Foundation decided to invest in promoting this model in Texas communities."

Selecting the Grantees

"The response to our IHC Initiative Request for Proposals was very strong," said IHC Project Director Dr. Laurie Alexander. "We were pleased to see the widespread interest in the healthcare community in integrating mental health services into their practice."

The five grantee organizations were selected through a competitive proposal review process. Foundation staff and a national panel of collaborative care experts evaluated applicants' proposals for implementing the collaborative care model and addressing barriers that arise in the process.

"The five grantee organizations clearly demonstrated their commitment and readiness to adopt the model, as well as their understanding of the types of problems they are likely to encounter along the way," said Alexander. "And the diversity of the grantees selected – in terms of organization size, location, and populations served – bodes well for our ability to use lessons learned from this initiative to promote integrated health care elsewhere in the state," she concluded.

More information about the grant initiative, the collaborative care model, and other integrated health care resources is available on the Foundation's website.

IHC GRANT PROGRAM

The five grantee organizations will work closely with the Foundation and various expert consultants throughout the three-year period as they implement the collaborative care model and address the barriers that arise along the way. The

Foundation will provide grantees with a variety of resources and technical assistance to help them achieve their goals.

Collaborative Care Training

While most of the grantee organizations have experience with integrated health care in some form, they are all new to collaborative care. To support their adoption of the model, the Foundation has contracted with Dr. Jurgen Ünutzer, Chief of Psychiatry at the University of Washington Medical School, and his University of Washington colleagues to provide training and consultation throughout the grant period.

Parkland Hospital and Health System

Parkland Hospital and Health System in Dallas received a grant of \$576,634 over three years to implement the collaborative care model in two of its Community Oriented Primary Care (COPC) clinics – Bluit-Flowers Health Center and East Dallas Health Center. The clinics will use these funds to provide treatment to adults with depression.

An internationally recognized medical system, Parkland Health and Hospital System was established in 1894 to meet the health care needs of poor and medically indigent patients in Dallas County. In 1987, Parkland launched COPC, a model designed to improve the health of underserved individuals through accessible primary care and health promotion programs.

The Bluit-Flowers COPC provides services to one of the poorest areas of the county, and the East Dallas COPC is located in a federally designated Medically Underserved Area. Both COPCs primarily serve Medicaid and "charity" patients. Building on the COPCs' existing integrated health care efforts, the IHC Initiative will enable the clinics to expand the scope of mental health services offered and deepen the collaboration between physical and mental health providers.

Dr. Ünutzer and his colleagues have over 20 years of experience with implementing and researching collaborative care, including the highly successful IMPACT (Improving Mood–Promoting Access to Collaborative Treatment) Study. Dr. Ünutzer's group provides collaborative care training to organizations around the country.

Program Evaluation

With the grant program's focus on implementation issues, an evaluation of the process that grantees go through in implementing collaborative care and identifying and addressing barriers is essential to the initiative's success. The evaluation's

Health Care Initiative Underway

findings will also shed light on patient outcomes, staff satisfaction with the model, and cost-effectiveness. trainers and program evaluation team will also be in attendance.

The Foundation has contracted with Dr. Richard Frank, Margaret T. Morris Professor of Health Economics at Harvard University, to conduct the evaluation. Dr. Frank will partner with Dr. Howard Goldman, Director of Mental Health Policy Studies at the University of Maryland School of Medicine, and Ms. Brenda Coleman-Beattie, a Texas behavioral healthcare management consultant, for the program evaluation. The evaluation team has extensive experience in mental health services research.

The team will conduct a process and outcome evaluation of the grant program. Taking a formative approach, the team will use the evaluation results to provide feedback to both the grantees and the Foundation throughout the grant period.

Learning Community

Foundation staff and the project teams will come together regularly throughout the grant period – both in person and through teleconferences – to discuss success and challenges encountered. Through these regular points of connection, the Foundation and grantees will create a learning community.

"We hope that both grantees and the Foundation will benefit greatly from these learning opportunities," said Dr. Laurie Alexander, IHC Project Director. "The learning community approach will also help us gather information for dissemination to other foundations, primary care providers, mental health providers, and other stakeholders in integrated health care."

The IHC grant program will officially get underway with a kick-off meeting in Austin on June 28. The five grantees' project teams will meet with Foundation staff and discuss partnership methods for the initiative. The program's collaborative care

People's Community Clinic

A grant of \$275,255 over three years was awarded to People's Community Clinic in Austin to treat adults with various mental health problems in partnership with Austin Travis County Mental Health Mental Retardation Center.

One of the oldest, continuously running clinics in the country, PCC has never wavered from its mission to improve the health of medically underserved and uninsured Central Texans by providing high quality, affordable health care.

At PCC, the primary care team directly engages the patient, using a preventive health care model. Through the IHC Initiative, PCC will expand upon its extensive record of providing effective, comprehensive primary care to interface mental health intervention with primary care service delivery.

FUTURE STEPS

The Foundation is aware that its grant program can only go so far in promoting integrated health care across the state. The grant program is just one element of the Foundation's larger IHC Initiative, whose purpose is to clear the barriers to providing integrated health care so it can become standard practice in Texas primary care settings.

Project Vida Health Center

Project Vida Health Center (PVHC) received a grant of \$373,104 over three years to treat mental health problems in adults and children in its three El Paso clinics. This faith-based Federally Qualified Health Center will partner with Family Services of El Paso and El Paso Mental Health Mental Retardation for the initiative.

PVHC serves low-income families and is annually reviewed and evaluated by a Community Congress of over 100 community residents. With clinic sites in East Central and Northeast El Paso, PVHC provides a full spectrum of primary care services. The area is a federally designated Medically Underserved Area and Health Personnel Shortage Area.

Since its founding, PVHC has been recognized with numerous awards from both local and national organizations, including the Health Resources and Services Administration and the Department of Health and Human Services' Office of Minority Health.

Policy Work Group

This summer, the Foundation will launch a policy work group on integrated health care. Associate Director for Mental Health Policy and Law Dr. Lynda Frost will lead the work group, which will consist of state experts in mental health and health

See Future Steps, Page 7

HF Staff in the News

Frost Presents on Ethical Issues in Juvenile Justice

Dr. Lynda Frost, Associate Director for Mental Health Policy and Law, will present on ethical issues related to juvenile fitness to proceed at a Texas Bar Continuing Legal Education program entitled "Special Education Issues and the Juvenile Justice System in Texas" on June 23.

Rodríguez to Attend Grantmakers In Health Board Retreat

This June, Hogg Foundation Program Officer Reymundo Rodríguez will participate in a strategic planning and policy development retreat for board members of Grantmakers In Health in Wilmington, DE. Rodríguez has served on the board for over five years.

Executive Director to Discuss Mental Health Disaster Planning at Galveston Meeting

Dr. King Davis will address key issues in disaster mental health, including disaster mental health preparedness, at the Galveston Health Department Conference on June 9, in Galveston.

Frost Delivers Keynote Address for Alaskan Workforce Development Meeting

At the end of May, Associate Director Dr. Lynda Frost was the keynote speaker for a workforce development strategic planning meeting in Anchorage, Alaska. Frost addressed the critical importance of mental health workforce development, as well as the Foundation's investment in the area.

Supancic Recognized for 20 Years of Service to University

On May 2, Allison Supancic, Collection Supervisor for the Regional Foundation Library of the Hogg Foundation for Mental Health, accepted a Staff Service Award from The University of Texas at Austin for her 20 years of service to the University.

Davis Addresses Health Care and Civil Rights

Dr. King Davis was the keynote speaker for the Heman Sweatt Symposium at The University of Texas at Austin on April 24. His talk entitled "Health Care as a Civil Right" kicked off the symposium named for Mr. Sweatt, who was denied admission to The University of Texas School of Law in 1946 because of his race. In a landmark case, the U.S. Supreme Court decided in his favor, helping to pave the way for African Americans' admission to colleges and universities around the country.

Frost Addresses Methods for Improving Forensic Testimony

Dr. Lynda Frost delivered a presentation entitled "Ensuring Quality Forensic Testimony through Training, Certification, and Regulation of Evaluators" at the American Psychology-Law Society Annual Meeting in St. Petersburg, Florida, on March 4.

Recent Personnel Changes at the Foundation

Berndt Appointed New Program Officer

The Hogg Foundation for Mental Health has announced the appointment of Deborah Berndt, M.Ed., as its newest program officer. Berndt, a leading expert in the state's mental health services system, will focus on building the Foundation's mental health policy initiatives.

Prior to her Foundation appointment, Berndt worked as a consultant in mental health policy development and strategic planning to both public and private organizations.

She began consulting to the Foundation in the fall of 2004, at which time she assisted the Foundation in managing its Special Mental Health Services Initiative Request for Proposals process. Following that project, she provided

invaluable assistance to the Foundation in its strategic planning process and in the development of its Integrated Health Care and Cultural Adaptation grant programs.

From 1998 to 2004, Berndt was the Director of Children's Services for the Texas Department of Mental Health and Mental Retardation (TDMHMR), an agency now sub-



Deborah Berndt

sumed in part under the Texas Department of State Health Services. In this role, she was responsible for policy and program development for the public mental health system for children.

Before joining TDMHMR, Berndt honed her mental health policy expertise as a Senior Policy Analyst with the Texas Commission on Children and Youth and as the Director of Public Policy for the Mental Health Association in Texas.

Berndt received her Master of Education in Counseling Psychology and her Bachelor of Arts in Psychology from the University of Texas at Austin.

Bables Named Foundation Fiscal Officer



Stacie Bables

Stacie L. Bables assumed the post of Fiscal Officer at the Hogg Foundation for Mental Health effective May 1, 2006. Her experience includes diversified accounting, auditing, consulting, and financial and internal controls.

Bables has worked at The University of Texas at Austin since 2001, first as Bursar and most recently as Inventory Manager. Highlights

of her recent financial experience include directing all operational aspects as Bursar of The University of Texas at Austin and creating a University-wide, high-level internal control training course for managerial and executive level personnel.

Prior to her UT-Austin work, she worked as a senior accountant for the City of Austin, an accounts examiner for the Texas Lottery Commission, and an accountant for Cellular One. Bables has a BBA in Accounting from The University of Texas at Austin.

As fiscal officer at the Foundation, Bables manages all fiscal and associated administrative staff duties to support the efficient operation

of the Foundation. She serves as a member of the executive committee and ensures compliance with accounting, contracts, and grant functions for all funding sources.

Being involved in the community and running are activities Bables enjoys outside of work. Her community involvement includes serving on the Advisory Board for Mt. Sinai Christian Elementary Academy and volunteering with Austin Revitalization Authority, whose non-profit mission is to restore the cultural and economic viability of Central East Austin. An avid runner, she completed her first half marathon in January.

Zepeda Retires After 24 Years at the Foundation, 27 Years at the University

After 27 years of service to The University of Texas at Austin, Ms. Dolores Zepeda retired from the Hogg Foundation for Mental Health on April 30, 2006. Zepeda had served as the Foundation's fiscal officer since 1986. She was originally hired in 1982 as an administrative assistant.

In 2005, Zepeda received The University

of Texas at Austin Staff Service Award in recognition of her 25 years of service to the University.

During her tenure at the Foundation, Zepeda created and instituted a host of cost-saving measures. She also played an important role in developing and updating the Foundation's grant procedures.

Zepeda's retirement plans center on spending more time with her family. Free of looming budget deadlines, she looks forward to seeing more of her husband, who is also retired. They plan to travel often, including frequent trips to see her family in South Texas.

Zepeda said that she may return to the workforce on a part-time or consultant basis.

Summer Law Interns to Assist with Policy-Related Initiatives

The Hogg Foundation has hired two first-year law students from The University of Texas at Austin's School of Law to work with Associate Director for Mental Health Policy and Law Dr. Lynda Frost this summer. Lindsay Eriksson and Leslie Friedlander will work on a variety of policy-related initiatives, including financing of integrated health care, legal parameters of 501(c)(3) organizations, and anticipated mental health issues for the 80th Texas Legislature.

"We are delighted to have these outstand-

ing students working with us this summer," said Frost. "Exposing law students to mental health law and policy issues is an invaluable opportunity to increase awareness in the legal community."

Ms. Eriksson has a Bachelor of Arts in Psychology from the University of Virginia in Charlottesville, VA. While in college, she gained hands-on experience in her work as a research assistant for both the psychology department and the National Legal Research Group, where

she assisted with research on juries.

Prior to enrolling in law school, Ms. Friedlander received her Master of Public Affairs from The University of Texas at Austin. She has extensive public policy experience through her work as a rural health program specialist with the Texas Department of Health, legislative and administrative aide in the Texas House of Representatives, and policy analyst for the Texas Legislative Council.

Personnel Changes Continued...

Longoria Accepts Post with Children's Bureau in D.C.

At the end of May, Postdoctoral Fellow Dr. Richard Longoria left the Hogg Foundation to take a key position in the U.S. Children's Bureau in Washington, D.C.

In his role as child welfare program and policy specialist, Longoria will assist in the development and interpretation of federal regulations and policy, which will be used to guide the evaluation of state child welfare programs. He will also provide consultation on child welfare policy and regulations to regional offices of the Administration for Children and Families (a division of the U.S. Department of Health and

Human Services), states, tribes, and territories.

In addition to his postdoctoral work with Dr. Arthur Whaley, Association Director for Mental Health Services Research, Longoria worked as an adjunct faculty member at The University of Texas at Austin and a program evaluation consultant prior to leaving for D.C.

Longoria's postdoctoral fellowship was not his first relationship with the Hogg Foundation. While earning his doctorate in social work at UT-Austin, Longoria was a Hogg Foundation Evaluation Research Fellow.

"The Hogg Foundation Evaluation

Research Fellowship I received in 2002 was a wonderful experience," said Longoria. "And the Foundation's generous support made it possible to complete my doctorate."

Before earning his doctorate in 2005, Longoria worked for over 12 years as a clinician, supervisor, policy and program analyst, and administrator in the field of child and family services. A San Antonio native, he received a Bachelor of Arts from St. Mary's University and a Master of Social Work from the Worden School of Social Service, Our Lady of the Lake University.

From Page 5 *Future Steps in Promoting Integrated Health Care*

care policy.

"The work group will focus on identifying and formulating solutions for the policy barriers that interfere with health providers' ability to offer integrated health care," said Frost. "We will bring together advocates and policymakers from around the state to develop policy guidelines to make integrated health care a workable option for Texas organizations."

"There is no easy fix for some of the barriers, such as reimbursement for consultation," said Frost. "However, the Foundation is committed to working with policymakers to identify realistic options for addressing these problems."

Texas Children's Pediatric Associates

Through a partnership with Texas Children's Hospital, Texas Children's Pediatric Associates (TCPA) will use its grant of \$306,570 over three years to treat children with attention-deficit hyperactivity disorder in its Ripley clinic, located in Houston's East End.

TCPA, a non-profit pediatric group practice, is a wholly owned subsidiary of Texas Children's Hospital. It is the country's largest group of general pediatricians, providing a medical home to approximately a quarter of Houston's children.

Of all Houston's neighborhoods, TCPA – Ripley's service area is home to the poorest population with the lowest educational level. TCPA – Ripley will use its IHC Initiative grant funding to provide care for the clinic's growing population of pediatric patients diagnosed with attention-deficit hyperactivity disorder who lack access to mental health services.

Collaborative Care Training

The Foundation has received numerous requests from organizations to make training in the collaborative care model available to organizations that were not funded.

The Foundation is currently looking into ways to make such training available to primary care organizations around the state.

"We are talking with Dr. Ünutzer and his colleagues at the University of Washington about ways to institutionalize the training they will provide our grantees," said Dr. Laurie Alexander, IHC Project Director. "We recognize that we must find a way to make the training available on a larger scale if we hope to promote collaborative care around the state."

Valley Primary Care Network

Based in Harlingen, Valley Primary Care Network (VPCN) received a grant of \$1,138,184 over three years to bring the collaborative care model to its four constituent community health centers – the Brownsville Community Health Center, Community Action Council of South Texas, Nuestra Clinica del Valle, and Su Clinica Familiar. The clinics will partner with Tropical Texas Center for Mental Health and Mental Retardation to treat a range of mental health problems in children and adults.

VPCN's mission is to establish a health care delivery network that achieves a seamless continuum of quality comprehensive health care, with a focus on increasing access to health care and decreasing disparities in health conditions.

VPCN's four community health centers provide a spectrum of primary health care services to the low-income, underserved people of the Rio Grande Valley. Although the Valley comprises both urban and rural communities, much of its population resides in the poor, rural settlements called *colonias*. Through the IHC Initiative, VPCN's health centers will provide mental health services to the Valley for the first time.

Future Funding

The Foundation is also looking into funding a second wave of integrated health care grantees once the current group is underway.

"We hope to make more funding available to organizations committed to adopting collaborative care," said Executive Director Dr. King Davis. "After our current grantees are up and running, we will be in a good position to understand how to use their experiences in getting started to inform our work with the second group."

Looking Ahead

As the Foundation moves forward with the Integrated Health Care Initiative grant program and related projects, program staff will continue looking for ways to deepen the Foundation's work in the area.

"The Hogg Foundation is invested in integrated health care for the long term," said Davis. "This is not just a three-year grant initiative for us. We are committed to making effective integrated health care an everyday reality in Texas."

The University of Texas at Austin

Hogg Foundation for Mental Health

Post Office Box 7998

Austin, TX 78713-7998

Nonprofit Org.
U.S. Postage
PAID
Permit Number 391
Austin, Texas

The Hogg Foundation's Vision

We envision a Texas that leads the nation in promoting mental health and recovery from mental illness, supporting all Texans in achieving their potential.

SAVE THE DATE: NOV. 30 - DEC. 1, 2006

Fourteenth Robert Lee Sutherland Seminar to be Held in Houston this Fall

The Hogg Foundation for Mental Health will host the Fourteenth Robert Lee Sutherland Seminar at the Westin Galleria Hotel in Houston on November 30 – December 1, 2006. The seminar's focus is the cultural adaptation of the delivery of evidence-based mental health practices.

Renowned cultural competence pioneer Dr. Stanley Sue will deliver the keynote address. Other speakers will include distinguished experts such as Drs. Guillermo Bernal, Steve Lopez, and Guisepppe Costantino. Presentations will also be made by the Foundation's current grantees funded through its initiative "Cultural Adaptation: Providing Evidence-Based Practices to People of Color."

In addition, the conference will feature breakout groups, in which participants and presenters will focus on relevant issues in cultural competence, including assessment and treatment, training and education, community and consumer engagement, and research.

The free two-day seminar will be open to Texas clinicians, researchers, policymakers, consumers, and family members. Attendance will be limited to 200 participants. To ensure representation from around the state, the Foundation will restrict registration by geographic region.

Biennially, since 1978 the Foundation has convened the Robert Lee Sutherland Seminars to encourage people to work cooperatively on timely issues for the improvement of mental health in Texas. The seminars are a living tribute to Dr. Robert Lee Sutherland, the first director of the Hogg Foundation for Mental Health.

Registration Opens in August - Space is Limited.

FOR MORE INFORMATION:

www.hogg.utexas.edu

Conference Date & Location

November 30 – December 1, 2006
WESTIN GALLERIA HOUSTON
5060 WEST ALABAMA
HOUSTON, TX 77056
713-960-8100

Conference Cost

FREE

Target Audiences

CLINICIANS
RESEARCHERS
POLICYMAKERS
CONSUMERS
FAMILY MEMBERS

Registration Opens

AUGUST 2006

Additional information will be posted on the Foundation's website as it becomes available.