

NATIONAL TECHNICAL ASSISTANCE CENTER

**Creating Violence Free and Coercion Free Service Environments
For the Reduction of Seclusion and Restraint**

Experiences of Seclusion and Restraint

Objectives

1. Experience of seclusion and restraint from a consumer and staff perspective
2. Sensitization to the way in which these interventions can traumatize consumers
3. Sensitization to the way in which these interventions can traumatize staff

Outline

- ✓ Subjective Experiences