

NATIONAL TECHNICAL ASSISTANCE CENTER

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**Creating Violence Free and Coercion Free Service Environments  
For the Reduction of Seclusion and Restraint**

**Debriefing Activities**  
*A Core Strategy ©*  
*(A Tertiary Prevention Tool)*

***Objectives***

1. Identify the two essential (per event) debriefing activities in reducing seclusion and restraint.
2. Understand the goals, key elements, and process involved in these debriefing activities.
3. Describe how to utilize information gathered during debriefing to further reduce the use of seclusion and restraint and to offer assistance to consumers and staff.

***Outline***

- ✓ Definition
- ✓ Goals
- ✓ Types of debriefing(s)
- ✓ Debriefing strategies
- ✓ Discussion points
- ✓ Staff issues
- ✓ Consumer issues
- ✓ Treatment plan revisions
- ✓ Operational revisions
- ✓ Consumer roles
- ✓ Event observers