

NATIONAL TECHNICAL ASSISTANCE CENTER

**Creating Violence Free and Coercion Free Service Environments
For the Reduction of Seclusion and Restraint**

Current Assumptions Regarding Seclusion and Restraint Use

Objectives

1. Recognize some of the common assumptions underlying the use of seclusion and restraint.
2. Identify the reasons why additional cross discipline training in seclusion and restraint prevention is needed.
3. Understand the divergent opinions of staff and consumers about the efficacy and harmfulness of restraint and seclusion.
4. Identify the dimensions in which restraint and seclusion practice bias occurs.
5. Recognize the fallacy of “special population” thinking and identify successful programs that have reduced/eliminated seclusion and restraint.