

## ***CONTROL TO COLLABORATION***

### **SMALL GROUP EXERCISE**

**LIST AS MANY POSSIBLE STAFF/PERSONAL TRIGGERS YOU CAN THINK OF:**

**LIST AS MANY POSSIBLE STAFF/PERSONAL WARNING SIGNS YOU CAN THINK OF:**

**LIST AS MANY POSSIBLE STRATEGIES TO AVOID POWER STRUGGLES AND/OR RESPONDING DISRESPECTFULLY WITH PERSONS SERVED THAT YOU CAN THINK OF:**

## ***CONTROL TO COLLABORATION***

### **MY CALMING TOOL**

**TRIGGERS** (you may include specific persons served currently or in the past and their specific 'triggering' behaviors)

**WARNING SIGNS**

**STRATEGIES**