

**TEXAS CONSUMER ORGANIZATIONS  
SECLUSION AND RESTRAINT RESOURCE LIST**

REGION	RESOURCES
<p><b>STATEWIDE</b></p>	<p><b>Depression and Bipolar Support Alliance Texas (DBSA)</b>  <a href="http://www.dbsatexas.org/index.htm">http://www.dbsatexas.org/index.htm</a></p> <p><b>Council of Families for Children</b>  <a href="http://www.counciloffamilies.org/default.php">http://www.counciloffamilies.org/default.php</a>  <a href="mailto:info@counciloffamilies.org">info@counciloffamilies.org</a></p> <p><b>Mental Health Association in Texas</b>  <a href="http://www.mhatexas.org/">http://www.mhatexas.org/</a></p> <p><b>Texas Federal of Families for Children’s Mental Health</b>  <a href="http://www.ffcmh.org/who_chapters_list.php?ST=TX&amp;Submit=Show%2BChapters%2B%3E%3E">http://www.ffcmh.org/who_chapters_list.php?ST=TX&amp;Submit=Show%2BChapters%2B%3E%3E</a></p> <p><b>Texas Mental Health Consumers</b>  <a href="http://www.tmhc.org/index.shtml">http://www.tmhc.org/index.shtml</a></p> <p><b>The National Alliance on Mental Illness of Texas (NAMI Texas)</b>  <a href="http://www.namitexas.org/">http://www.namitexas.org/</a></p>
<p><b>PANHANDLE</b>  Abilene  Amarillo  Lubbock</p>	<p><b>Advocates of Abilene</b>  Attn: Nancy Bailey  PMB 306, 3301 S. 14th St., Ste. 16  Abilene, TX 79501  (325) 676-1400</p> <p><b>Mental Health Association in Abilene (MHA)</b>  Kermit F. Klaener  PO Box 7282  Abilene, Texas 79608  915-673-2300 Office  915-673-2671 Fax  <a href="http://www.abilenementalhealth.org">www.abilenementalhealth.org</a></p> <p><b>Amarillo Area Mental Health Consumers</b>  Attn: Carli Scales  P.O. Box 44  Amarillo, TX 79105  (806) 373-7030</p> <p><b>Depression and Bipolar Support Alliance (DBSA)—Amarillo</b>  Contact 1: Larry Campbell (806) 433-1416</p> <p><b>NAMI Texas Panhandle— Amarillo</b>  Patty Robertson  (806) 426-9454  Carol Ann Vaughn  (806)353-0050</p> <p><b>NAMI Lubbock</b>  David Gibson  (806)798-7931</p>

**NORTH**

Arlington  
Corsicana  
Dallas  
Denton  
Desoto  
Duncanville  
Ft. Worth  
Garland  
Granbury  
Greenville  
Irving  
Kaufman  
Lewisville  
Longview  
Plano  
Richardson  
Sherman  
Sunnyvale  
Terrell  
Texarkana  
The Colony  
Waxahachie  
Wichita Falls

**Depression and Bipolar Support Alliance (DBSA)—Arlington**

Contact 1: Barbara Williams (817) 456-6211

<http://www.dbsaarlington.com/>

**Depression and Bipolar Support Alliance (DBSA)—Corsicana/Navarro County**

Contact 1: Sylvia Bonin (903) 872-6302

Contact 2: Sue Long (903) 874-6815

Email: [cebsyltx@airmail.net](mailto:cebsyltx@airmail.net)

**Depression and Bipolar Support Alliance (DBSA)—Dallas**

Contact 1: Carol King (972) 709-5464

Contact 2: Roger Hale (972) 768-2772

Email: [dbsa-dallas@comcast.net](mailto:dbsa-dallas@comcast.net)

**Mental Health Association (MHA)—Greater Dallas**

Tim Simmons

624 N. Good Latimer Expy.,

Suite 200

Dallas, Texas 75204

214-871-2420 Office

214-954-0611 Fax

[www.mhadallas.org](http://www.mhadallas.org)

**NAMI Dallas**

Julie Noble

(214)341-7133

**Texas Parents as Teachers—Dallas**

Elaine Shiver

5952 Royal Lane, Suite 261

Dallas, Texas 75230

(214) 363-8661 \*

(214) 363-8664 (fax)

[www.txpat.org](http://www.txpat.org)

**Federation of Families—Denton**

<http://www.dentoncountyfederation.org/index.html>

Denton County Federation of Families

2519 Scripture

PO Box 2346

Denton, Texas 76202

We are located in the DCMHMR building on Scripture in Denton.

Or you can give us a call at 940-381-5000 x5525

**Denton County Federation of Families for Children's Mental Health**

Karen Robison

2708 Glenwood

Denton, TX 76209

Ph: (940) 243-5628

Email: [krobison@verizon.net](mailto:krobison@verizon.net)

**Depression and Bipolar Support Alliance (DBSA)—Desoto**

Contact 1: Kinike Bermudez or Carol King (972) 709-5464

**Depression and Bipolar Support Alliance (DBSA)—Duncanville**

Contact 1: Carol King (214) 502-5496

Contact 2: Bob King (972) 709-5464

Email: [dbsa-dallas@comcast.net](mailto:dbsa-dallas@comcast.net)

**Depression and Bipolar Support Alliance (DBSA)—Ft. Worth**

Contact 1: Lena Caballero (817) 335-5405 (Spanish Speaking)

Contact 1: Darlene Cathman (817) 654-7100

Email: [dbsa\\_fortworth@yahoo.com](mailto:dbsa_fortworth@yahoo.com)

**Depression Connection Support Groups—Ft. Worth**

Attn: Tony Campbell

1310 W. El Paso

Fort Worth, TX 76102

(817) 810-9599

**Mental Health Association—Ft. Worth/Tarrant County**

3136 West 4th Street

Fort Worth, Texas 76107-2113

817-335-5405 Office

817-334-0025 Fax

[www.mhac.org](http://www.mhac.org)

**NAMI Tarrant County—Ft. Worth**

Gene Cates

(817)332-6600

Joyce Cates

(817)332-6600

**Depression and Bipolar Support Alliance (DBSA)—Garland**

Contact 1: Kinike Bermudez (972) 495-0370

Contact 2: Carol King (972) 709-5464

Email: [dbsa-dallas@comcast.net](mailto:dbsa-dallas@comcast.net)

**Depression and Bipolar Support Alliance (DBSA)—Granbury**

Contact 1: Kenneth Parmer (817) 579-6437

Contact 2: Rev. Lana Bradley (817) 326-5020

**NAMI Hunt County—Greenville**

Nancy L. Castine

(903)994-2153

Eugenia Jackson

(903)455-3319

**Depression and Bipolar Support Alliance (DBSA)—Irving**

Contact 1: Carol King (972) 709-5464

Email: [dbsa-dallas@comcast.net](mailto:dbsa-dallas@comcast.net)

**NAMI Kaufman County**

Emma Glenn

(972)962-3784

**NAMI Denton County—Lewisville**

Alice Sullivan

(972)221-4024

**NAMI Greater Longview**

Paula Hendrix

(903) 668-3303

**NAMI Collin County—Plano**

Ron Holley

(972)596-5846

	<p><b>Depression and Bipolar Support Alliance (DBSA)—Richardson</b>  Contact 1: Kinike Bermudez (972)495-0370  Contact 2: Carol King (972) 709-5464  Email: <a href="mailto:dbsa-dallas@comcast.net">dbsa-dallas@comcast.net</a></p> <p><b>NAMI—Sherman, Grayson, Fannin &amp; Cooke Counties</b>  John Hoelzel  (903)664-2471</p> <p><b>Depression and Bipolar Support Alliance (DBSA)—Sunnyvale</b>  Contact 2: Roger Hale (972) 768-2772  Contact 2: Carol King (972) 709-5464  Email: <a href="mailto:dbsa-dallas@comcast.net">dbsa-dallas@comcast.net</a></p> <p><b>The Friendship Circle—Terrell</b>  Attn: Michael Cox  P.O. Box 1826  Terrell, TX 75160  (972) 563-3881</p> <p><b>Depression and Bipolar Support Alliance (DBSA)—Texarkana</b>  Contact 1: Rachel Clark (870) 773-4242; (870) 773-0389  Contact 2: Trisha Hackworth Cell: (903) 276-0389  Email: <a href="mailto:rlclark@cableone.net">rlclark@cableone.net</a>  Website: <a href="http://www.geocities.com/dbsatexarkana/">www.geocities.com/dbsatexarkana/</a></p> <p><b>Depression and Bipolar Support Alliance (DBSA)—The Colony</b>  Contact 1: Mark Schriefer or Carol King (972) 709-5464</p> <p><b>NAMI Ellis County—Waxahachie</b>  Kate Doyle  (972)937-3762</p> <p><b>NAMI Wichita Falls</b>  Mollie Bardwell  (940)723-1849  Jean Puckett  (940)767-7388</p>
<p><b>EAST</b>  Alvin  Beaumont  College Station  Ft. Bend County/Sugarland  Houston  Jacksonville  Kingwood  League City  Lufkin/Zavalla  Nacogdoches  Nassau Bay  Rosenberg  The Woodlands/Montgomery  County</p>	<p><b>NAMI Gulf Coast— Alvin</b>  Carolyn Karbowski  (281)585-3100  Donna Fisher  (281)585-3100</p> <p><b>Mental Health Association (MHA)—Beaumont &amp; Jefferson County</b>  Jayne Bordelon  670 North 7th Street  Beaumont, Texas 77702-1741  409-833-9657 Office  409-833-3522 Fax  <a href="http://www.mentalhealthbeaumont.org">www.mentalhealthbeaumont.org</a></p> <p><b>NAMI Golden Triangle— Beaumont</b>  Claude Guidroz  (409) 835-7121</p>

**NAMI Brazos Valley— College Station**

Linda Goolsby  
(979)778-8731

**Mental Health Association (MHA)—Fort Bend County**

Theresa Kopnicky  
10435 Greenbough Dr.  
Building II, Suite 200  
Stafford, Texas 77477  
281-261-1876 Office  
281-261-1833 Fax  
[www.mhafbc.org](http://www.mhafbc.org)

**NAMI Fort Bend—Sugarland**

Mary Watson  
(281) 494-5193

**Depression and Bipolar Support Alliance (DBSA)—Houston**

Contact 1: Jennifer Urbach or Jackie St. Germain  
(713) 600-1132  
(713) 600-1137-fax  
Email: [info@dbsahouston.org](mailto:info@dbsahouston.org)  
Website: [www.dbsahouston.org](http://www.dbsahouston.org)

**Mental Health Association (MHA)—Greater Houston**

Betsy Schwartz  
2211 Norfolk St., Suite 810  
Houston, Texas 77098  
713-523-8963 Office  
713-522-0698 Fax  
713-522-5161 Information & Referral  
[www.mhahouston.org](http://www.mhahouston.org)

**NAMI Metropolitan Houston**

Carolyn Hamilton  
(281)579-3750

**NAMI West Houston**

Bonnie Cord  
(713) 984-2538

**Jacksonville Mental Health Consumers**

Attn: Sallie Pena  
120 Lloyd Ave.  
Jacksonville, TX 75766  
(903) 589-5310

**NAMI Humble—Kingwood**

Eve Knight  
(281)358-9582

**Depression and Bipolar Support Alliance (DBSA)—League City**

Contact 1: Stephanie Rendon (281) 557-4230  
Website: [www.dbsatexas.org](http://www.dbsatexas.org)

**NAMI Lufkin/Zavalla**

Lyle Moel  
(936)897-2419

**NAMI Nacogdoches**

JoAnn Arscott  
(936)569-9709

	<p><b>Nassau Bay—Metropolitan Houston Federation of Families for Children’s Mental Health</b>  Barbara Sewell  18203 Carriage Lane  Nassau Bay, TX 77058  Ph: (218) 335-5600  Email: <a href="mailto:bse2272@aol.com">bse2272@aol.com</a></p> <p><b>Depression and Bipolar Support Alliance (DBSA)—Rosenberg</b>  Contact 1: Lisa Hill (832) 265-3068  Contact 2: Jane Hill (281) 341-5301  Email: <a href="mailto:lisa6453@hotmail.com">lisa6453@hotmail.com</a></p> <p><b>NAMI Montgomery County—The Woodlands</b>  E. Leroy Zweifel  (281)367-2314</p>
<p><b>SOUTH</b>  Corpus Christi  Laredo  McAllen  Rockport  San Antonio  Victoria</p>	<p><b>Depression and Bipolar Support Alliance (DBSA)—Corpus Christi</b>  Contact 1: Pastor Rafael Garcia (361) 537-8086  Contact 2: Robert Kueber (361) 225-4156  Email: <a href="mailto:kueber@grandecom.net">kueber@grandecom.net</a></p> <p><b>NAMI Corpus Christi</b>  Tom Jackson  (361) 855-9869</p> <p><b>NAMI Laredo</b>  Elvia Ruelas  (956)791-2711  Santa Gutierrez  (956)723-8612</p> <p><b>NAMI South Texas—McAllen</b>  Stephanie Contreras  (956)686-1295</p> <p><b>NAMI Rockport</b>  Nina Shannon  (361) 729-4617</p> <p><b>The Alliance for Mental Health Consumer’s Rights—San Antonio</b>  Attn: Terry Bates  1201 East Mulberry Ave.  San Antonio, TX 78209  (210) 820-3064</p> <p><b>Depression and Bipolar Support Alliance (DBSA)—San Antonio</b>  Contact 1: Kathy Franklin (210) 945-0689  Contact 2: Suellen Watkins (210) 682-2746  Email: <a href="mailto:MVKSF@att.net">MVKSF@att.net</a></p> <p><b>DBSA Christian Community of San Antonio</b>  Contact 1: Barbara Livingston (210) 824-1602  Email: <a href="mailto:livingstonbc@sbcglobal.net">livingstonbc@sbcglobal.net</a>  <a href="mailto:dbsachristiancommunityofsa@netzero.net">dbsachristiancommunityofsa@netzero.net</a></p>

	<p><b>Mental Health Association (MHA)—Greater San Antonio</b>  8535 Tom Slick Dr.  San Antonio, Texas 78229  (210) 447-6930 Office  (210) 447-6933 Fax  Email: <a href="mailto:info@healthymindconnection.org">info@healthymindconnection.org</a>  <a href="http://www.healthymindconnection.org">http://www.healthymindconnection.org</a></p> <p><b>NAMI San Antonio</b>  John Dickey  (210)734-3349</p> <p><b>Prosumers—San Antonio</b>  Contact 1: Anna Gray (210) 736-5034  <a href="mailto:ahgray@satx.rr.com">ahgray@satx.rr.com</a>  Contact 2: Lydia Martinez Guerra (210) 558-4273</p> <p><b>NAMI Victoria</b>  Patsy Wepler  (361) 578-3935</p>
<p><b>WEST</b>  El Paso  Goldsmith  Midland  Odessa</p>	<p><b>Depression and Bipolar Support Alliance (DBSA)—El Paso</b>  Contact 1: Andrea Brackett (915) 274-2674</p> <p><b>El Paso Federation of Families</b>  Angelique Martinez  5304 El Paso Drive  El Paso, TX 79905  Ph: (915) 771-7363  Email: <a href="mailto:anmartinez@epcounty.com">anmartinez@epcounty.com</a></p> <p><b>NAMI—El Paso</b>  Leo DiValentino  (915)534-5476</p> <p><b>NAMI Andrews—Goldsmith</b>  Cindy Magee  (432)827-3918</p> <p><b>NAMI Midland</b>  Judy Craig  (432) 683-3648</p> <p><b>NAMI Ector County—Odessa</b>  James Belknap  (432)337-7053</p>
<p><b>CENTRAL/HILL COUNTRY</b>  Austin  Bastrop  Kerrville  Killeen  New Braunfels  Round Rock  San Angelo  Waco</p>	<p><b>Austin Area Mental Health Consumers</b>  Attn: Shannon Carr  3205 S. 1st St.  Austin, TX 78704  (512) 442-3366</p> <p><b>Council of Families for Children</b>  <a href="http://www.counciloffamilies.org/default.php">http://www.counciloffamilies.org/default.php</a>  P.O. Box 142591  Austin, TX 78714-2591  Phone: 512/420-9020  Fax: 512/420-9987  Toll Free: 877/420-9020  <a href="mailto:info@counciloffamilies.org">info@counciloffamilies.org</a></p>

**Depression and Bipolar Support Alliance (DBSA)—Austin**

(512) 306-9344  
(866) 327-2839

**NAMI Austin**

Eric Blumberg  
(512)420-9810

**Texas Federation of Families for Children's Mental Health—Austin**

Patti Derr  
7800 Shoal Creek Road 243-S  
Austin, TX 78752-1204  
Ph: (512) 944-9972 (home)  
Fax: (512) 266-9929  
Toll Free: (866) 893-3264  
Email: [PattiDerr@txffcmh.org](mailto:PattiDerr@txffcmh.org)  
Website: [www.txffcmh.org](http://www.txffcmh.org)

**NAMI Bastrop County**

Thomas Akin  
(512) 332-2211

**NAMI Kerrville**

Bill Matthews  
(830)895-1010

**Depression and Bipolar Support Alliance (DBSA)—Killeen**

Contact 1: Larry Egly (254) 630-9141

**River City Advocacy—New Braunfels**

Attn: Don Guenther  
168 N. Union  
New Braunfels, TX 78130  
(830) 643-0200

**Depression and Bipolar Support Alliance (DBSA)—Round Rock**

Contact 1: Robbye Oehlert (512) 244-0283  
Contact 2: Claudia Cearly (512) 255-8570

**NAMI Williamson County—Round Rock**

Gisele Schaefer  
(512) 388-2506

**NAMI Concho Valley—San Angelo**

Jacqueline Shannon  
(325)651-7374  
Donna Durbin  
(325) 486-4520

**NAMI Temple Area**

Patricia Roy-Jolly  
(254)298-7050

**NAMI Waco**

Wayne Gregory  
(254)776-0578